

# THE Movement

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**A**

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| <p>4pm-5:30pm: Level 2 Rehearsal (Caro)</p> <p>5:30pm-7pm: Level 3 &amp; 4 Technique (Jenny)</p> <p>7pm-8pm: Level 4 Rehearsal (Jenny)</p> | <p>4pm-5pm: Level 1 Ballet (Michael)</p> <p>5pm-6pm: Level 2 Ballet (Michael)</p> <p>6pm-7pm: Level 3 &amp; 4 Ballet (Michael)</p> <p>7pm-8pm: Adv 2 (Camryn/Caro)</p> | <p>4pm-5pm: Level 1 Ballet (Michael)</p> <p>5pm-6pm: Level 2 Ballet (Michael)</p> <p>6pm-7pm: Level 3 &amp; 4 Ballet (Michael)</p> | <p>4pm-5:30pm: Level 2-4 Ballet (Michael)</p> <p>5:30pm-7pm: Rehearsals (Caro/Jenny)</p> |
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**B**

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| <p>4:30pm-5:30pm: Beg 4B (Kellie/Sophie/Eden)</p> <p>5:30pm-7pm: Level 2 Combo (Caro)</p> | <p>4pm-5pm: Level 2 &amp; 3 Stretch (Caro)</p> <p>5pm-6pm: Level 3 Combo (Caro/Miya)</p> <p>6pm-7pm: Level 2 Technique (Jenny/Miya)</p> <p>7pm-8pm: Level 3 Rehearsal (Jenny)</p> | <p>3pm-5pm: Sparklers (Sarah)</p> <p>5pm-6pm: Level 1 Technique (Jenny/Sarah)</p> | <p>4pm-5pm: Level 1 Stretch (Jenny)</p> <p>5pm-6pm: Level 1 Rehearsals (Jenny)</p> |
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**C**

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| <p>3:30pm-4:30pm: Beg 1A (Alex/Eden/Vicki)</p> <p>4:30pm-5:30pm: Beg 3 (Alex/Brittani/Vicki)</p> <p>5:30pm-6:30pm: Beg 4A (Alex/Brittani)</p> | <p>3:30pm-4:30pm: Beg 1B (Bridget/Brittani/Vicki)</p> <p>4:30pm-5:30pm: Beg 2B (Bridget/Brittani/Vicki)</p> <p>5:30pm-6:30pm: Beg 5 (Bridget/Miya/Vicki)</p> | <p>4pm-5pm: Level 1 Rookies (Alex/Kellie)</p> <p>5pm-6pm: Level 3 &amp; 4 Hip Hop</p> <p>6pm-7pm: Level 1 &amp; 2 Hip Hop</p> | <p>4pm-4:45pm: Level 1 Rookie Ballet (Kellie/Miya)</p> <p>4:45pm-5:30pm: Level 1 Rookie Rehearsal (Kellie/Miya)</p> |
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**D**

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| <p>3:30pm-4:30pm: Beginner 1C (Bridget/Sophie/Brittani)</p> <p>5pm-6pm: Intermediate Ballet/Technique (Stephanie)</p> <p>6pm-7pm: Int 2 (Stephanie/Miya/Sophie)</p> | <p>4pm-5pm: Beg 2A (Alex/Miya/Sophie)</p> <p>5pm-6pm: Level 1 Combo (Alex/Sophie)</p> <p>6pm-7pm: Adv 1 &amp; 2 Ballet (Camryn/Sophie)</p> <p>7pm-8pm: Adv 1 (Miya/Sophie)</p> | <p>4pm-5pm: Level 2 &amp; 3 Stretch (Jenny)</p> <p>5pm-6pm: Level 2 Rookies (Alex/Kellie)</p> | <p>4pm-4:45pm: Level 2 Rookie Ballet (Alex)</p> <p>4:45pm-5:30pm: Level 2 Rookie Rehearsal (Alex)</p> |
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